

Flu prevention

We are seeing some flu activity here at Horace Mitchell Primary School.

1. Wash hands often and avoid touching your face.
2. Consider carrying around hand sanitizer.
3. Avoid crowded areas with people coughing.
4. It is not too late to get a flu vaccine!
5. Keep your child home when they have any of the following:
 - Please keep your child home if they have any of the following:
 - Temp above 100.0
 - Cough that is persistent and not controlled
 - An actively runny nose with yellow or green mucous
 - Vomiting
 - Diarrhea

Children should not come back to school until the above symptoms have resolved for 24 hours without the use of medication.