



FRESH FRUIT AND VEGETABLES DAILY
MILK VARIETY OFFERED DAILY

JANUARY 2022

MITCHELL SCHOOL

FREE BREAKFAST
AND LUNCH FOR ALL

Monday	Tuesday	Wednesday	Thursday	Friday
3 PANCAKES STRAWBERRIES CHERRY TOMATO GILES FARM APPLES	4 LASAGNA ROLLUPS PEAS/CARROTS OATMEAL SQUARES BANANA	5 CHICKEN PATTY SANDWICH BAKED POTATO WEDGES BABY CARROTS DICED PEARS	6 SOFT TACO TOMATO/LETTUCE/CHEESE SEASONED RICE SLICED PEACHES	7 PAZZO with MARINARA dipping SAUCE APPLE SLICES TOSSED SALAD
10 GRILLED CHEESE TOMATO SOUP GOLDFISH CELERY STICKS	11 CHICKEN PARM OVER PASTA ROASTED BROCCOLI FRUIT SALAD	12 NEW RECIPE ALERT! LOADED FRIES With CHEESE and/or CHILI ORANGE SMILES	13 CRUNCHY FISH STICKS CREAMY COLESLAW BAKED POTATO TOSSED SALAD	14 PIZZA VARIETY SNICKERDOODLE CUCUMBER CIRCLES PINEAPPLE CHUNKS
17 NO SCHOOL	18 BEEF STEW IN A CORNBREAD BOWL TOSSED SALAD GILES FARM APPLES	19 CHICKEN TENDERS SWEET POTATO FRIES TOSSED SALAD DICED PEARS	20 MAC N' CHEESE ROASTED VEGGIES PETITE BANANA	21 PIZZA BAGELS TATER TOTS BABY CARROTS MIXED FRUIT
24 WAFFLE & CHICKEN SANDWICH BAKED BEANS WARM APPLE SLICES	25 CHICKEN AND GRAVY MASHED POTATO WARM GREEN BEANS DINNER ROLL	26 HOTDOG on a bun SWEET POTATO FRIES MINI FRUIT SMOOTHIE TOSSED SALAD	27 NACHOS GRANDE w/chopped veggie choices REFRIED BEANS MELON CHUNKS	28 PIZZA VARIETY WG TREAT TOSSED SALAD FRUIT CUP
31 SPAGHETTI & MBALLS GARLIC BREAD WARM GREEN BEANS SLICED PEACHES				

ALTERNATE MEALS AVAILABLE DAILY
HUMMUS MEAL, SB/J, TURKEY SANDWICH

Please email wcollins@kitteryschools.com for more information

USDA is an equal opportunity provider, employer and lender.

MENU IS SUBJECT TO CHANGE



PAY FOR MEALS ONLINE

MySchoolBucks.com